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Elisabeth Brown, Psy.D. is a licensed psychologist in private practice in Chester, NJ. In independent practice since 1984, she works with individuals, couples and

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Ronald J. Frederick. Ronald J. Frederick, award-winning book Living Like You Mean It: Use the Wisdom and Power of Your Emotions to Get the Life You Really Want,

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He is the author of the award-winning book Living Like You Mean It: Use the Wisdom and Power of Your Emotions to Get the Life You Really Want Dr. Frederick is an

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In LIVING LIKE YOU MEAN IT, author Ronald J. Frederick, does a brilliant job of describing why people are so afraid of their emotions and how this fear creates a

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Kimberly sheppard-murray - whitchurch-stouffville,

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About Erika Schanzenbach Erika manages design and social media for Highlands. She shares a home, her life, and a desire to build Christ's kingdom with her parents and

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